

The Episcopal Parish of St. Paul Duluth, Minnesota

Twelfth Sunday after Pentecost
Holy Eucharist
August 31, 2025
10:00 am

Please join us for Coffee Hour in the Parish Hall after this service.

All ages welcome.



I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is a nursery located down the hall that you may use; it is not staffed today. We also have a rocking chair in the back of church for parents with infants.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season following Pentecost, also called Ordinary Time. This season is observed with green to symbolize the growing, abundant earth. Half of the Christian Year is this season after Pentecost, which is a season where we translate the good news for new times and places.

Weekly Service Schedule

Sundays

8:00 am Rite I

10:00 am Rite II

Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at office@stpaulsduluth.org.

Please silence your cell phone in church.

Processional Hymn — Gather Us In



Opening Acclamation

Blessed be the one, holy and living God.

Glory to God forever and ever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Gloria



The Collect of the Day

The Lord be with you.

And also with you.

Let us pray... (Pause for silent prayer) Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

The First Reading Sirach 10:12-18

The beginning of human pride is to forsake the Lord;

the heart has withdrawn from its Maker.

For the beginning of pride is sin,

and the one who clings to it pours out abominations.

Therefore the Lord brings upon them unheard-of calamities,

and destroys them completely.

The Lord overthrows the thrones of rulers, and enthrones the lowly in their place.

The Lord plucks up the roots of the nations, and plants the humble in their place.

The Lord lays waste the lands of the nations, and destroys them to the foundations of the earth.

He removes some of them and destroys them, and erases the memory of them from the earth.

Pride was not created for human beings, or violent anger for those born of women.

The Word of the Lord.

Thanks be to God.

Psalmody Psalm 112

The **bold** words indicate when to change notes on the psalm tone.

One: Hallelujah!

Happy are they who **fear the Lord**, and have great delight in **God's commandments!**

All: Their descendants will be mighty in the land; the generation of the upright will be blessed.

Wealth and riches will be in their house, and their righteousness will last forever.

Light shines in the darkness for the upright; the righteous are merciful and full of compassion.

It is good for them to be gener-ous in lending and to manage their af-fairs with justice.

For they will nev-er be shaken;

the righteous will be kept in everlast-ing remembrance.

They will not be afraid of any evil rumors; their heart is right; they put their trust in the Lord.

Their heart is established and will not shrink, until they see their desire up-on their enemies.

They have given freely **to the poor**, and their righteousness stands fast forever; they will hold up their **head with honor**.

The wicked will see it and be angry;

they will gnash their teeth and **pine away**; the desires of the wick-**ed will perish.** Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Let marriage be held in honor by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers. Keep your lives free from the love of money, and be content with what you have; for he has said, "I will never leave you or forsake you." So we can say with confidence,

"The Lord is my helper;

I will not be afraid.

What can anyone do to me?"

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.

Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

The Word of the Lord.

Thanks be to God.

The Gospel Acclamation

The cantor sings the Alleluia first. The assembly joins on the repeat. The cantor sings the verse, and the alleluia is repeated.



Verse: Take my yoke upon you, and learn from me; for I am gentle and humble in heart..

The Holy Gospel Luke 14:1, 7-14

The Holy Gospel of Our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely.

When he noticed how the guests chose the places of honor, he told them a parable. "When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, 'Give this person your place,' and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, 'Friend, move up higher'; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted."

He said also to the one who had invited him, "When you give a luncheon or a dinner, do not invite your

friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the right-eous."

The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon

The Rev. Maggie Nancarrow

A contemplative silence is kept after the homily.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Deacon: In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean Rowe, our Presiding Bishop, and Craig Loya, our Bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.

Silence. Please kneel or sit as you are able.

Have mercy upon us, most merciful Father;

in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit

that we may live and serve you in newness of life,

to the honor and glory of your Name;

through Jesus Christ our Lord. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of Christ be always with you.

And also with you.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

Dear Father, we thank thee that all the year through Thy goodness has blest them with gifts ever new. And, oh, wilt thou grant them a happy new year, Dear Father, we pray thee, be thou ever near. Amen.

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering Hymn #339 — Deck Thyself, My Soul, with Gladness

Offertory

Praise God, from whom all blessings flow: Praise him, all creatures here below; Praise him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving and Eucharistic Prayer D

The Book of Common Prayer, p. 372

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:



We acclaim you, holy Lord, glorious in power . . . and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us . . . Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, forever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

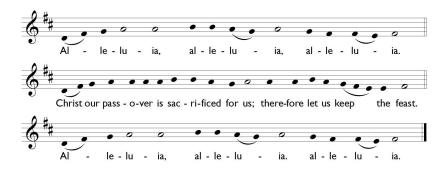
Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread and the Fraction Anthem



Invitation to Communion

Please be seated.

Because we believe that we gather around the Lord's table, all are welcome and encouraged to receive communion.

The bread is typically received in the hand. You may dip the bread or take a sip from the cup. Low-gluten hosts (<.002%) are available for those with wheat sensitivities.

Communion Hymn #325 — Let Us Break Bread Together

Sending (Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.) [Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

We who are many are one Body because we share one bread, one cup.

Post Communion Prayer

The Book of Common Prayer, p. 365

Let us pray.

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

Blessing

Recessional Hymn #408 — Sing Praise to God

Dismissal

Go in peace to love and serve our God. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

Postlude Sing Praise to God Improvisation

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This Week at St. Paul's

Monday, September 1	8:30 am-1:00 pm, St. Paul's Volunteers serve lunch at Damiano 11:00 am, Private Piano Lesson (TKH), Olcott Room
Tuesday, September 2	10:30 am, Private Piano Lesson (LB), Olcott Room 6:00 pm, Blue Stone Zen Group, Carriage House 7:00 pm, Inspiration & Information Teams meet, Olcott Room
Wednesday, September 3	10:30 am, Staff Meeting, Olcott Room
Thursday, September 4	
Friday, September 5	11:00 am, Al-Anon Friday Freedom Group, Carriage House
Saturday, September 6	6:00 am, Blue Stone Zen Group, Carriage House 10:00 am, Abbeya Meditation Group, Carriage House All day, St. John's Choir Retreat
Sunday, September 7	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church 11:15 am, Acolyte meeting and lunch, Olcott Room 11:15 am, Property Committee meeting, Third Floor

If you wish to schedule a meeting or event at St. Paul's, please contact Rita in the Parish Office, 218-724-3535 or office@stpaulsduluth.org. Thank you!

Prayers at St. Paul's

PRAY for the Church of South India (United).

For the month of September, please pray for the Episcopal Homes of Minnesota, Episcopal Group Homes, Guardian Angels and all other institutions that do ministry for and with the elderly. Please pray for your local senior residential facilities and care centers. And pray also for all farmers and laborers working with the harvest, especially San Jose Obrero Mission in Montgomery and Good Courage Farm.

For those who suffer and those in any trouble:

JoEllen S	Victor S	Jon G	Baby Jack & Family	Sally R
Virginia M	Jennifer L	Barbara H	Jenni & Family	Mary O
Pat K	Charles B	Kathy S	Bjørn G	Ann Marie
Maureen M	Bill D	Jane J	Lorrie F	Jasmine & Family
Stan H	David B	Christie S	Paul	Sally M
Stuart B	Tom P	Ann-Sofie	Jenny	Thomas S
John D	Gary B	Lucy J	Mary C	Bob S
John B	Mark K	Callum	Natalie S.	Steven G
				Mary R

For those serving in the armed forces:

Lucy Fellman, Charles Lewis, Ricky Lyle, Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Noreen Anderson, JoAnn Chesser, Helen Gruba, Steve Hennessy, Stan Henricksen, Stephen & Mary Olmsted, Anita Pollock

For those who have died.

The flowers on the altar are given to the glory of God in thanksgiving for: Guilford Graham & Caroline Woodward Hartley



Announcements

Special Guests in Worship

Sunday, September 7

Next weekend, September 6-7, the choir of St. John the Evangelist in St. Paul will be holding their fall retreat at St. Paul's. Along with some singers from our own choir, the St. John's choir will be our guests in worship. Please join us in welcoming them to St. Paul's.

Acolyte Training

Sunday, September 7, 11:15 am

All new and returning Acolytes should attend a training and lunch in the Olcott Room after the 10 am service next week. Contact Holly Hansen for more information.

Property Committee

Sunday, September 7, 11:15 am

The next Property Committee meeting will be held in the Third Floor Meeting Room next weekend.

Rally Day

Sunday, September 14

Each year we celebrate the beginning of a new program year with the Rally Day Picnic! There will be a meal after church on the lawn, with lawn games and a bouncy house for the kids. Please contact Diane Morin you would like to assist with set up/take down/food or Sophie Spehar to assist with the kid's activities. Rally Day also marks the beginning of Fall Godly Play / Children's Chapel. If you have a young person who is joining Godly Play for the first time, please reach out to Sophie.

Practicing The Way

Thursdays, September 18 onwards, 6:00-7:30 pm, Olcott Room

Sign up for our 2025 cohort with Deacon Pat focused on John Mark Comer's course, "Practicing the Way." Through seven sessions we'll gather around the table for a simple meal and explore intentional spiritual formation. We'll journey together to find Jesus in our busy, distracted, and increasingly secular culture. Each 30-minute online session video includes

teachings, guided discussion, tutorials, and voices from experts. The course is designed for small group communities, but if you have to miss a session you can always catch up using the online resources. Sign up sheets with information on each session, including meeting times and dates, and are on the table in the gathering space by the Sacristy, as well as in the September issue of the Messenger.

Racial Justice & Healing Retreat

Saturday, September 20, 8:30 am—4:00 pm, St. Andrew's by the Lake, Duluth

The retreat is a partnership of ECMN and Duluth area churches: St. Andrew by the Lake, St. Paul's, and Trinity. During this retreat we will look at how systemic racism impacts education. Dr. Kat Werchouski, member of the Red Cliff Band of Lake Superior Ojibwe, will speak on the history and current impact of Native boarding schools. Duluth school board member, Henry Banks, will address how we can work for equity within education. The Rev. John Cole, executive director of Chum, will be our guest preacher.

Learn more, download a flyer, and register by clicking here: https://episcopalmn.org/events/open-all/racial-justice-and-healing-retreat

Baptism Dates

Do you have a family member to be baptized? If so, please contact the Parish Office. St. Paul's has set aside the following dates for potential baptisms: September 21, November 2, or January 11.

Requiem for the Living

Sunday, September 7, 3:00 pm Sacred Heart Music Center 201 West 4th St., Duluth

Friends of the Felgemaker will host the first concert of the 2025-26 season at at 3:00 pm on Sunday, September 7, 2025. The main work is Dan Forrest's award-winning choral composition, **Requiem for the Living**, for choir, organ and chamber orchestra, conducted by Dr. Charles Sundquist. Soloists are Brian Kapp, tenor; Tasha Kapp, soprano; and Cole Ottjes,

Announcements (continued)

treble. Instrumentalists include:

Velda Graham Bell, organ; Paula Gudmunson, flute; Betsy Husby, cello; Janell Lemire, harp; Madeline Miller, oboe; Deborah Rausch, horn; and Kristin Sande, violin. In addition, organist Rachael Kresha will open the program by performing special organ selections by Herbert Howells and Maurice Duruflé on the 1898 historic Felgemaker pipe organ.

Celebrate Life House

Thursday, September 25, 5-9 pm

Join Life House for the first annual Celebration Gala at Greysolon Ballroom. This special event will honor ten years of Sol House, the housing program for teens who have experienced sexual exploitation and/or trafficking. The Celebration Gala will be an inspiring evening to learn more about the impact of Sol House, hear stories from the people closest to it, and support the programming moving forward.

For tickets and information, visit https://
lifehouseduluth.org/celebration-gala or call Sophie
Clock at 218-269-6877

Singing of the Sacred Harp

Saturday, October 11, 9 am-3 pm, Unitarian Universalist Congregation, 835 W College St, Duluth

An all-day Singing of the Sacred Harp will take place at the Unitarian Universalist Congregation of Duluth, 835 W College Street, on Saturday October 11. Registration begins at 9 am, with singing from 9:30 am to 3:00 pm. There will be a potluck dinner at 12:00 noon. This event is free and open to the public; freewill donations are accepted. Sacred Harp, or shape note music, is an early American folk music tradition. A form of hymn singing in four-part harmony, it is sung unaccompanied (a capella) and with great feeling. Everyone is welcome, even if you've never sung before. Come for an hour or stay all day! For more information, contact duluthshapenote@gmail.com

Wednesday Forums in the Fall

Our Faithful Ancestors: Saints for Our Times

Supper at 6:00 pm | Forum at 6:30 pm Please join us at 5:15 pm for Wednesday Eucharist starting September 17 -- 1st and 3rd Wednesdays of the Month

In the Episcopal Church, we honor special holy people who served God and others in remarkable ways. We celebrate some of the popular traditional saints, such as Francis, Hildegard, and Luke. However, we have also added important faith leaders in modern times to our calendar of observances, like Pauli Murray, Dietrich Bonhoeffer, and Enmegahbowh. This year our Wednesday forums will feature saints that we don't always celebrate on Sundays, while exploring how their example can lead us for our current times. If you have a favorite quirky or unsung saint and would like to participate, please reach out to Maggie at rector@stpaulsduluth.org

Wednesday, September 17: Pauli Murray

Supper at 6:00 pm | Forum at 6:30 pm

Join us for Wednesday Forum kick-off for a discussion of Pauli Murray (1910-1985), a modern Episcopal saint who was a civil rights activist, lawyer, and priest. Pauli's remarkable life involved scholarship, a life of faith, and advocacy for civil rights, the rights of women, and the rights of gay and lesbian people. The Rev. Marta Maddy, The Rev. Barb Elliott, and Lara Hill will guide this conversation on Murray, telling us more about this unsung hero of the 20th century Episcopal Church.

St. Paul's Episcopal Clergy and Staff Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector rector@stpaulsduluth.org The Very Rev. Rick Swenson, Associate Rector associate@stpaulsduluth.org The Rev. Deacon Patricia Benson deacon@stpaulsduluth.org

Parish Staff

Rita Rosenberger, Parish Secretary office@stpaulsduluth.org Sophie Gray Spehar, Faith Formation Coordinator kids@stpaulsduluth.org Thomas K. Hamilton, DMA, Minister of Music music@stpaulsduluth.org Christine Melone, Bookkeeper bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton bill.stapp@gmail.com

Electronic Giving

Verger:

Livestream:

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. Thank you for your generosity.



Serving Today

Celebrant: The Rev. Maggie Nancarrow

Kathleen Smith

Altar Guild: Carrie Miller, Lynnea Hultkrantz

Sue Sommer

Lector: Prayer Leader:

Jenny Keto

Music: Tom Hamilton, organ

Sue Sommer, Kathleen Smith

Lay Eucharistic Ministers (Chalice): Acolyte: lack Shambour

Jay Austin

Ushers: Diane Morin, Karen Swanson, James Sontag

Rothko Hauschildt and Laurie Kania

Coffee Hosts: Tom Diener Lock-Up: